

Using the DX5.0 sensor with the SmarTracks Run app

Starting and stopping the DX5.0 sensor with the SmarTracks Run app

1. Link up your DX5.0 with the SmarTracks Run app
2. Select Track Run in the app home screen (upper right corner)
3. Press the round orange Run button, 'Set new record' and 'Start countdown'
4. The sensor is now active. You can start your run whenever you are ready
5. Stand still for 1 second before and after your run, and make sure to start your run 1m before a Timing Gate
6. Stop the sensor by pressing 'stop'. The app now automatically fetches the results of the sensor.

Do not try to start or stop the sensor with the SmarTracks Run app after you have started the sensor with the Diagnostics software!

The SmarTracks Run app and the Diagnostics software are to be used separately!



For more information on the DX5.0 sensor and the SmarTracks Run app, see www.smartracks.run.

How do I link my DX5.0 with the SmarTracks Run app?

1. Go to 'Settings'
2. Go to 'Select movement sensor'
3. Press the icon next to 'Select new movement sensor'
4. Make sure your device's Bluetooth functionality is activated and your DX5.0 sensor is near your device
5. Your DX5.0 will appear in the list, press it to link up
6. Your device is now linked to your DX5.0 sensor

Charging the DX5.0 sensor

The DX5.0 sensor can be charged with the supplied USB cable. Please charge the DX5.0 sensor prior to your training session. After the DX5.0 sensor is fully charged and put aside, it will run out of battery within 10 hours as it has no sleep mode yet.

Measurement time: up to 10 hours

Charging time: 80%: ca. 2 hours, 100%: ca. 3 hours

Firmware update for the DX5.0 sensor

1. Go to 'Settings'
2. Go to 'Select movement sensor'
3. Make sure your DX5.0 sensor is connected
4. Double tap your DX5.0 sensor under 'My Movement sensor'
5. The update process starts automatically. Once the update has finished, press 'Done'

Connection strength between mobile device and DX5.0 sensor

The connection strength and data transfer speed between the phone and the sensor can vary according to your mobile device.

Make sure your DX5.0 is close enough when:

- Starting the sensor with the app
- Fetching results after your run

The connection is cancelled when closing the app.

How do I wear the DX5.0 sensor?

The DX5.0 sensor should be worn on the lower back, crossing the L4/L5 vertebrae. Make sure the black USB cap points upwards, and the sensor is aligned with the spine.

Support

If case of technical problems contact our Humotion Technical Support.

Please provide the DX5.0 Housing Number (*e.g. B002*).

Email: support@humotion.net

Telephone: +49 251 590 805 40

Viewing results on SmarTracks Online

Your detailed results can be viewed on <https://smartracks.run/online/>.

Log in with the same credentials as your SmarTracks Run account.